

Month of: _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

PERSONAL GOALS

WORK GOALS

1.	1.
2.	2.
3.	3.

FRIDAY

SATURDAY

SUNDAY

Notes

[illegible]

HABITS

[illegible]

Month of: _____

MONDAY TUESDAY WEDNESDAY THURSDAY

TUESDAY WEDNESDAY THURSDAY

WEDNESDAY THURSDAY

THURSDAY

A decorative graphic element consisting of a vertical line on the left side with five circles spaced evenly along it. To the right of this line is a grid of squares. The grid is 5 columns wide and 5 rows high. The squares in the first column are all white. The squares in the other columns have a repeating pattern of white and light blue squares. Specifically, the squares in the second, third, fourth, and fifth columns are white in the first, third, and fifth rows, and light blue in the second and fourth rows.

PERSONAL GOALS	WORK GOALS
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WORK GOALS

1.	1.
2.	2.
3.	3.

FRIDAY SATURDAY SUNDAY Notes

SATURDAY SUNDAY *not*

SUNDAY Notes

Notes

[illegible]

HABITS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
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[illegible]